Registration

| Name: | |
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| Telephone: | |
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| E-Mail: | |
| | ttend the following Brainssion (please check one): |
| July 1 | 2 - Burlington |
| Septer | nber 21 - Ocean |
| Octob | er 10 – Middlesex |
| Octob | er 16 - Bergen |
| Noven | nber 7 - Cumberland |
| Decem | iber 12 - Essex |

Directions to the sites will be included in your registration confirmation. Directions are also available online at www.bianj.org in the News & Events section.

Please mail or fax registration to:

Brain Injury Association of NJ 1090 King George Post Rd, Suite 708 Edison, NJ 08837 Fax: (732) 738-1132

For more information, please contact:

Brain Injury Association of NJ, Inc.

1090 King George Post Rd., Suite 708

Edison, NJ 08837

Telephone: (732) 738-1002 Helpline: 1-800-669-4323

Fax: (732) 738-1132 Website: www.bianj.org E-Mail: info@bianj.org

In case of inclement weather, call the BIANJ office the morning of the session. A message will indicate any cancellations.

These sessions are made possible through the New Jersey Traumatic Brain Injury Fund, administered by the New Jersey Department of Human Services, Division of Disability Services.







BRAIN INJURY BASICS FOR FAMILIES

Brain injury happens in an instant.
It affects a family for a lifetime.
Come learn information that will help
you and your family.

Offered by the Brain Injury Association of New Jersey.

What will I learn?

Attendees will learn about the impact of brain injury on families.

This free two-hour presentation will...

- Provide an overview of brain injury, including definitions and the rate of incidence
- Provide information on the effects of brain injury on families, including the stages of grief family members experience
- Provide information about the common consequences of brain injury: cognitive, physical, and emotional
- Provide information about strategies families can utilize and tips for caregivers
- Provide information on resources available through the Brain Injury Association of New Jersey and agencies throughout the state

No Brain Injury Is Too Mild To Ignore, Or Too Severe To Lose Hope Six <u>free</u> educational sessions for families are scheduled to address this important topic. Please choose the most convenient date and location:

- July 12, 7:00-9:00pm, Wednesday Burlington County – Marlton Rehabilitation Hospital, 92 Brick Road, Marlton, NJ 08053
- September 21, 6:30-8:30pm, Thursday
 Ocean County Children's Specialized
 Hospital, 94 Stevens Road, Toms River,
 NJ 08755
- October 10, 6:00-8:00pm, Tuesday Middlesex County – JFK Johnson Center for Head Injuries, The Outpatient Center at Oak Tree Road, 2048 Oak Tree Road, Edison, NJ 08818
- October 16, 6:30-8:30pm, Monday Bergen County – Pascack Valley Hospital, Conference Room 1 & 2, Old Hook Road, Westwood, NJ 07675
- November 7, 6:00-8:00pm, Tuesday Cumberland County - Rehabilitation Hospital of South Jersey, 1237 West Sherman Avenue, Vineland, NJ 08360
- December 12, 6:00-8:00pm, Tuesday Essex County – Kessler Institute for Rehabilitation, 240 Central Avenue, East Orange, NJ 07018

The Silent Epidemic

One out of every 1,000 children and adults in New Jersey are hospitalized each year because of brain injury. Thousands of others sustain brain injuries, including concussions, not resulting in a trip to the hospital. More often than not, families move on from hospital and rehabilitation settings with many unanswered questions about brain injury.

What families have been saying about Brain Injury Basics for Families:

- "Excellent and informative session for both patient and caregiver – covering all aspects of living with brain injury."
- "An abundance of information was presented."
- "A very comprehensive overview of the topic of brain injury."
- "I learned that I am not alone and that there is help."

Each session will be facilitated by Peggy DiTommaso, MSW. For over 17 years, Peggy has volunteered her time as the support group leader for the Brain Injury Association of New Jersey affiliated support group in Monmouth County.